

# WEEK 1 - LUNCH

January 19 - 25, 2026

## MONDAY

**Three Cheese Pizza** – Topped with mozzarella, cheddar & provolone cheeses, served with a cucumber salad

**Lemon Square**

## TUESDAY

**Chicken Melt**– Chicken salad and cheddar cheese served warm on a croissant; served with a tossed salad

**Yogurt and Berry Parfait**

## WEDNESDAY

**Reuben Sandwich** – Corned beef, Swiss cheese, sauerkraut and thousand island dressing served warm on rye bread, with coleslaw

**Fresh Fruit Salad**

## THURSDAY

**Beef Stew** – Served with a warm tea biscuit

**Mint Chocolate Chip Ice Cream**

## FRIDAY

**Beef Taco Salad** – Leaf lettuce, sliced peppers, shredded cheese, crushed tortilla chips and seasoned ground beef with a ranch salsa dressing

**Tangerine Mousse**

## SATURDAY

**Pancakes** – Served with maple syrup and fried ham

**Fresh Fruit Plate**

## SUNDAY

**Mushroom & Cheddar Quiche** – Served with fresh fruit

**Peaches & Cream**

ALTERNATE LUNCH CHOICE: SOUP or SALAD & SANDWICH  
EGG SALAD / BOLOGNA / SALMON SALAD  
ALTERNATE DESSERT - FRUIT SALAD OR COOKIES